

## **CLOTHING TIPS**

- √ Make a list of the conservatee's clothes, including shoes and underwear.
- √ Do not discard anything without considering the conservatee's wishes.
- √ Write down what clothes the conservatee needs, making sure you know the proper, current sizes.
- √ Look through catalogs with the conservatee to find out which colors and styles he or she likes.
- √ Consider buying clothing in a limited number of colors so most of the clothes will match.
- √ Take the conservatee shopping during the least busy times.
- √ Look through a medical supply catalog for impaired people to find clothing that is designed to be easy to get on and off.
- √ Buy properly fitting shoes that are comfortable and safe for walking.
- √ Make sure the conservatee has clothes that are appropriate for various activities.
- √ Lay out outfits for the conservatee to wear on special occasions.
- √ Help the conservatee get dressed, or arrange for an aide to help.
- √ Arrange for regular washing and dry cleaning of the conservatee's clothes.
- √ Place compatible clothes together on hangers or in dresser drawers.
- √ If the conservatee lives in a care facility, label all clothes, shoes, and other property with the conservatee's name to prevent theft.
- √ If the conservatee lives in a care facility, ask the facility administrator whether a staff person, shopping service, or volunteer is available to shop for clothes. If so, provide a list of the conservatee's sizes and preferred colors and styles.