

## **WAYS TO ENHANCE THE CONSERVATEE'S QUALITY OF LIFE AT HOME OR IN A CARE FACILITY**

- √ Arrange a network of visitors. The more people who show concern, the happier the conservatee will be. Also, care facility staff are often most attentive to those residents who have frequent visitors.
- √ If the conservatee has been active in a church or synagogue, arrange for congregation members or clergy to visit on a regular schedule.
- √ Decorate the area around the conservatee's bed with familiar objects. Care facility residents have the right to have personal belongings from home in their rooms.
- √ Place a bulletin board near the bed. Put up photos showing family and friends with the conservatee. Include photos of the conservatee at different ages and in happy times.
- √ Put diplomas, letters of appreciation that were written to the conservatee in earlier years, and other mementos on the bulletin board.
- √ Encourage family and friends to write letters and cards. Post them on the bulletin board and help the conservatee write back.
- √ Hire a part-time aide to help, to keep the conservatee company, or to take the conservatee on outings.
- √ Arrange for the conservatee to be taken out for activities such as daycare programs.
- √ Provide favorite foods and beverages.
- √ Provide a radio, stereo, television, and VCR or DVD player, with remote controls if the conservatee cannot move around easily. If the conservatee shares a room, provide headphones.
- √ Rent old movies with the conservatee's favorite stars and show them.
- √ Provide ear plugs if the conservatee shares a room in a care facility.
- √ Arrange for a telephone with a private line.
- √ Arrange parties for the conservatee on birthdays and other special occasions. Have the conservatee act as host.
- √ Thank the conservatee's caregivers often.